














MARCH 2020

Sunday	Monday	Tuesday	Wednesday-SALON OPEN 9-3pm	Thursday-SALON OPEN 9-3pm	Friday	Saturday
1 10:30 Words that start with MAR (EC) 1:00 Catholic Service (EC) 2:00 Christ Church (ADR) 3:00 You Be the Judge (EC) 6:00 Movie (T)	2 9:30 Let's Walk (FL) 10:00 Spring Wreaths/Cathy (EC) 10:15 Exercise (EC) 11:00 Bagel Café (FL) 2:00 Price is Right (EC) 3:00 Bingo (ADR) 6:00 Movie (T)	3 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 March Quiz (EC) 1:30 Aerobics w/Mary (EC) 2:15 Famous Quotes of Women (EC) 6:00 Movie (T) 	4 9:30 Walmart (FL) 10:00 Love on a Leash 10:15 Yoga w/Rebecca (T) 10:45 Triplet Word Game (EC) 1:30 Jones on Piano (ADR) 3:00 Bingo (ADR) 6:00 Movie (T)	5 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Concentration Card Game 2:00 Bridge w/Tom (LCL) 3:00 Therapy Dogs 3:15 Thirsty Thursday/Musical Bingo w/Tom (LCL) 6:00 Movie (T)	6 BRAS' FOR BREAST CANCER 9:30 Let's Walk (FL) 10:00 – 5:00 Bra Fittings 10:15 Exercise (EC) 10:45 Evolution of the Bra (EC) 1:00 Minute to Win It (EC) 2:00 Donut Making (EC) 3:00 Bingo (ADR) 6:00 Movie (T)	7 9:15 Wheel of Fortune (LCL) 10:30 Together in Christ (ADR) 1:00 Bingo (EC) 2:30 Popsicle Quilt Part 1 (EC) 6:00 Movie (T) 
8 INTERNATIONAL WOMAN DAY 10:00 UNO (LCL) 1:00 Catholic Service (EC) 2:00 Shephard of the Sea (ADR) 3:00 Woman Who Changed the World (EC) 6:00 Movie (T) 	9 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Disease Management (EC) 1:00 Let's Celebrate Woman (EC) 3:00 Bingo (ADR) 6:00 Movie (T)	10 MIDDLE NAME DAY 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Middle Name Meanings (EC) 1:30 Aerobics w/Mary (EC) 2:15 Painting Bird House (EC) 6:00 Movie (T)	11 9:30 Let's Exercise (EC) 10:15 Coastal Bible College (ADR) 10:45 Leprechaun's Hats (EC) 1:00 Wire Craft w/Yarn w/Carol (EC) 3:00 Bingo (ADR) 6:00 Movie (T)	12 PLANT A FLOWER DAY 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Plant a Flower (EC) 1:00 Luck of the Irish Game (EC) 2:00 Bridge w/Tom (LCL) 3:15 Thirsty Thursday (LCL) 6:00 Movie (T) 	13 9:30 Let's Walk (FL) 10:00 Exercise (EC) 10:30 Senior Short Stories (EC) 1:30 Making Cards w/Paige (EC) 3:00 Bingo (ADR) 6:00 Movie (T)	14 9:15 Woman Day Quiz (EC) 10:30 Bingo w/Tish (EC) 1:00 Uno Challenge (LCL) 2:15 Spelling Bee – Pies (EC) 3:00 Popsicle Quilt Part 2 (EC) 6:00 Movie (T)
15 IDES OF MARCH 10:00 My Fair Lady Trivia (EC) 2:00 Catholic Service (EC) 2:00 Superstitions (LCL) 3:00 Book Club (EC) 6:00 Movie (T) 	16 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Superstition Quiz (EC) 1:30 Fun w/Limericks (EC) 3:00 Bingo (ADR) 6:00 Movie (T)	17 ST PATRICK'S DAY 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 St Patrick Trivia (EC) 1:30 Aerobics w/Mary (EC) 2:15 Resident Council (EC) 3:15 Lucky Charm Game (EC) 6:00 Movie (T) 	18 8:30 Springhouse Breakfast (FL) 9:30 Let's Walk (FL) 10:15 Yoga w/Rebecca (T) 10:45 Pokeno – Game (EC) 1:00 Wire Craft w/Yarn w/Carol (EC) 3:00 Bingo (ADR) 6:00 Movie (T)	19 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Flowers & Plants (EC) 1:00 Spelling Bee Flowers (EC) 2:00 Bridge w/Tom (LCL) 3:00 Therapy Dogs 3:15 Thirsty Thursday (LCL) 6:00 Movie (T) 	20 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Alphabet Flowers & Plants (EC) 1:00 Minute to Win It (LCL) 2:00 Classic Films - Library 3:00 Bingo (ADR) 6:00 Movie (T)	21 9:15 Words that Start w/Q (EC) 10:30 Bingo w/Tish (EC) 11:30 Zaxby's for Lunch (FL) 2:00 What's in the Bag (EC) 3:00 Catch Phrase (EC) 6:00 Movie (T) 
22 BIRTHDAY CELEBRATION 10:00 Pokeno - Game (EC) 1:00 Catholic Service (EC) 2:00 Christ Church (ADR) 1:45 Driving Miss Daisy (FL) 3:00 Birthday Celebration (LCL) 6:00 Movie (T) 	23 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Dehydration Talk (EC) 1:00 Froyoz for Frozen Yogurt 3:00 Book Mobile (FL) 3:00 Bingo (ADR) 6:00 Movie (T)	24 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:30 Music w/Leah (ADR) 1:30 Aerobics w/Mary (EC) 2:15 Painting Easter Eggs (EC) 6:00 Movie (T)	25 9:30 Let's Walk (FL) 10:15 Yoga w/Rebecca 10:45 Family Feud (EC) 11:15 Milardo's Italian (FL) 1:00 Jeopardy (LCL) 2:00 Words within a word (EC) 3:00 Bingo (ADR) 6:00 Movie (T) 	26 9:30 Let's Walk (FL) 10:30 Pastor Miah (ADR) 2:00 Bridge w/Tom (LCL) 3:15 Thirsty Thursday (LCL) 6:00 Movie (T)	27 TOURNAMENT DAY 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Bingo (EC) 1:00 Mini Golf Tournament 9 Holes though out the community (FL) 6:00 Movie (T) 	28 9:15 Word Scramble (EC) 10:30 Bingo w/Tish (EC) 1:00 Wheel of Fortune (LCL) 2:00 Discuss John Wayne (EC) 6:00 Movie (T)
29 10:00 Four Letter Word Quiz (EC) 11:00 Matching Game (EC) 1:00 Catholic Service (EC) 2:00 1950 Trivia (EC) 3:00 Ice Cream Social (ADR) 6:00 Movie (T)	30 MARKET COMMON DAY 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Who Wants to be a Millionaire (EC) 1:00 Recycle Tree (EC) 3:00 Bingo (ADR) 3:00 Book Mobile (FL) 6:00 Movie (T)	31 9:30 Let's Walk (FL) 10:15 Exercise (EC) 10:45 Meditation/Journaling (EC) 1:30 Aerobics w/Mary (EC) 2:15 Umbrella Art (EC) 6:00 Movie (T) 	TUESDAY and THURSDAY are Transportation Days. We offer scheduled medical transport 9:00am-3:00pm. Please contact the Concierge to make arrangements.	LOCATION ABBREVIATIONS ADR-Atlantic Dining Room LCL-Lowcountry Lounge EC-Excitement Center T- Theater FC-Fitness Center PP-Palmetto Porch BT- Bus Trip FL-Front Lobby	Anything that is highlighted, you will need to sign up for. On all outings, the first six will be able to attend. Then there is a cancellation list.	

BIRTHDAYS



Jerry Sheldon, Gregoria Bellavia

Dennis Stemmler,



**Celebrate with your neighbors at our Monthly
Birthday Celebration!**

Sunday, March 22

3:00 p.m. in the Low Country Lounge

International Woman's Month

I AM WOMAN

By Helen Reddy

I am woman, hear me roar

In numbers too big to ignore

And I know too much to go back and pretend

'cause I've heard it all before

And I've been down there on the floor

No one's ever gonna keep me down again

Oh yes I am wise

But its wisdom born of pain

Yes, I've paid the price

But look how much I gained

If I have to, I can do anything

I am strong, (strong)

I am invincible (invincible)

I AM WOMAN

Music Corner

LIVE AT ST. GABRIEL-Atlantic Dining Room!!!

March 4th - Jones on the Piano

March 24th - Music w/Leah