



Assisted Living - February 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOCATION ABBREVIATIONS ADR-Atlantic Dining Room LCL-Lowcountry Lounge EC-Excitement T- Theater FL-Front Lobby BT- Bus Trip 	1 9:15 Morning Walk (FL) 9:45 Love Handle Shake (EC) 10:15 Famous Romantic Couples (EC) 1:30 Name That Candy (EC) 3:00 Bingo (ADR) 	2 Groundhog Day 9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 The Meaning Behind Groundhog Day (EC) 1:30 Painting Heart Stones (EC) 3:00 Remembering Shirley Temple (EC)	3 9:15 Morning Walk (FL) 9:45 Cupid Shuffle (EC) 10:15 Current Events (EC) 1:30 Chocolate Heart Shaped Sucker Molds (EC) 3:00 Bingo Fun! (ADR)	4 9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 Celebrating Black History Month (EC) 1:30 No-Sew Mini Heart Pillow (EC) 3:00 Thirsty Thursday (LCL)	5 Wear Your Red Day 9:15 Morning Stroll (FL) 10:15 The History behind The American Heart Association (EC) 1:30 RedHot Routine (EC) 3:00 Bingo (ADR) 	6  10:00 Bingo (ADR) 1:30 Big Apple Bagel's with Tea (EC) 2:30 Rummikub (LCL)
7 Super Bowl Sunday   10:00 Mason Jar Project (EC) 2:30 Super Bowl Party (LCL) 6:00 Let's Watch the Big Game (LCL)	8 National Potato Day 9:15 Morning Walk (FL) 9:45 Love Handle Shake (EC) 10:15 Family Feud (EC) 1:30 All Flavors of Potato Chips (EC) 3:00 Bingo Fun! (ADR) 6:00 Evening Movie (T)	9 9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 Trivia Titans 1:30 Button Heart Canvas (EC) 3:00 Ice Cream Sundaes (ADR) 6:00 Evening Movie (T)	10 9:15 Morning Walk (FL) 9:45 Cupid Shuffle (EC) 10:15 Current Events (EC) 1:30 Floral Arrangements (EC) 3:00 Bingo (ADR) 6:00 Evening Movie (T) 	11 Make a Friend Day  9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 True Confessions (EC) 1:30 The Great Candy Pass: Icebreaker Game (LCL) 3:00 Thirsty Thursday (LCL) 6:00 Evening Movie (T)	12 Happy Birthday Dot Froelich! 9:15 Morning Stroll (FL) 10:15 Chocolate Trivia (EC) 1:30 RedHot Routine (EC) 3:00 Bingo (ADR) 6:00 Evening Movie (T)	13 10:00 Bingo (ADR) 1:30 South Carolina Birds (EC) 2:30 Uno Challenge (LCL) 6:00 Evening Movie (T) 
14 Valentine's Day  10:00 Be My Valentine Trivia (EC) 2:00 Valentine's Day Social (LCL) 6:00 Evening Movie (T)	15 President's Day 9:15 Morning Walk (FL) 9:45 Love Handle Shake (EC) 10:15 Presidents Quiz (EC) 1:30 Mardi Gras Mask (EC) 3:00 Bingo (ADR) 6:00 Evening Movie (T)	16 Fat Tuesday  9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 Mardi Gras Trivia (EC) 2:00 Mardi Gras Party (LCL) 3:00 King Cake Celebration (LCL) 6:00 Evening Movie (T)	17 Ash Wednesday 9:15 Morning Walk (FL) 9:45 Cupid Shuffle (EC) 10:15 Significance of Ash Wednesday (EC) 1:30 Goats Around the World (EC) 3:00 Bingo (ADR) 6:00 Evening Movie (T)	18 9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 Brain Teasers (EC) 1:30 Food for Thought with Charlie (ADR) 3:00 Thirsty Thursday (LCL) 6:00 Evening Movie (T)	19 National Caregivers Day 9:15 Morning Stroll (FL) 10:15 What Came First Trivia (EC) 1:30 RedHot Routine (EC) 3:00 Bingo (ADR) 6:00 Evening Movie (T) 	20 Halfway to Spring 10:00 Bingo (ADR) 1:30 Current Events (EC) 2:30 Brews and Podcasts (EC) 6:00 Evening Movie (T)
21 10:00 Joel Osteen Virtual Service (T) 2:00 Virtual Mass w/ St. Michael's (T) 3:00 Cards in the Lounge (LCL) 6:00 Evening Movie (T)	22 9:15 Morning Walk (FL) 9:45 Love Handle Shake (EC) 10:15 Shakespeare Words (EC) 1:30 My Name – Who Am I? (EC) 3:00 Bingo (ADR) 6:00 Evening Movie (T) 	23 Banana Nut Bread Day 9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 This or That (EC) 1:30 Funny Money Store (ADR) 3:00 Town Hall Meeting (EC) 6:00 Evening Movie (T)	24 9:15 Morning Walk (FL) 9:45 Cupid Shuffle (EC) 10:15 Current Events (EC) 1:30 Root Beer Floats (ADR) 3:00 Bingo Fun! (ADR) 6:00 Evening Movie (T)	25 9:15 Morning Walk (FL) 9:45 Fitness Infusion (EC) 10:15 What Did It Cost Trivia (EC) 1:30 Pain Management Discussion with Cathy (LCL) 3:00 Thirsty Thursday (LCL) 	26 9:15 Morning Stroll (FL) 10:15 Famous February Birthdays (EC) 1:30 RedHot Routine (EC) 3:00 Bingo (ADR) 6:00 Evening Movie (T)	27  10:00 Bingo (ADR) 1:30 A Slice of Cherry Pie (LCL) 2:30 Uno Challenge (LCL) 6:00 Evening Movie (T)
28 10:00 Joel Osteen Virtual Service (T) 2:00 Virtual Mass w/ St. Michael's (T) 3:00 Rummikub (LCL) 6:00 Evening Movie (T) 	Activities are subject to change to fit the needs of our community and residents.	Medical Appointment Transportation Tuesdays & Thursdays 8:00am-4:00pm. Please contact the Concierge to schedule. 14-day advance notice	Get your Funny Money at ALL activities		Happy Valentine's Day 	