

St. Gabriel Assisted Living – September 2021

Sunday	Monday Nail Salon Open 11-4pm	Tuesday Nail Salon Open 11-4pm	Wednesday High Tides Hair & Nail Salon Nail Salon Open 9a-4p	Thursday High Tides Hair & Nail Salon Nail Salon Open 9a-4p	Friday Nail Salon Open 11-4pm	Saturday
	High Tides Salon For appointments please call Hairdresser: Jessica Savitski 843-385-2979 Manicures and Pedicures: Michael and Linda 609-442-9613	Medical Appointment Transportation Tuesdays & Thursdays 8:00am-4:00pm. Please contact the Concierge to schedule. 14-day advance notice required	Happy Birthday Paul Goodridge! 1 9:30 Workout Wednesday (EC) 10:00 September Trivia (EC) 2:00 Writing Pen Pal Letters (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	2 9:30 Sit and be Fit (BP) 10:00 1950's Trivia (EC) 1:30 Bridge w/ Tom (LCL) 2:00 Rummikub (LCL) 3:00 Music Bingo at Thirsty Thursday (ADR) 6:30 Evening Movie (T)	3 9:00 Walmart (FL) 10:00 Big Bowling (EC) 2:00 Noodle Ball (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T) 	4 10:00 Bingo (ADR) 2:00 Movie Matinee (T) 3:00 DIY Craft Corner (EC) 6:30 Evening Movie (T)
5 10:30 Sunday Stretch (EC) 1:00 St. Michael's Mass (EC) 2:00 Christ Church (ADR) 3:00 Card Games (LCL) 6:30 Evening Movie (T)	Labor Day 6 9:30 Muscle Monday (EC) 10:00 Guess the Profession (EC) 12:00 Cookout (ADR) 2:00 Games & Prizes (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	7 9:30 Chair Aerobics (EC) 10:00 Guess the Book Title (EC) 2:00 Apple Cider and Mountain Trivia (EC) 3:00 Music with Joshua (ADR) 6:30 Evening Movie (T)	8 9:30 Workout Wednesday (EC) 10:00 Coastal Bible (EC) 2:00 Flower Arrangements (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	National School Picture Day 9 9:30 Sit and be Fit (EC) 10:00 Senior Year Reminiscing (EC) 1:30 Bridge w/ Tom (LCL) 2:00 UNO Card Game (LCL) 3:00 Thirsty Thursday (ADR) 6:30 Evening Movie (T)	10 Happy Birthday Missy Patterson! 9:30 Tai Chi (EC) 10:00 Fall Trivia (EC) 2:00 Ice Cream Trip (FL) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	11 10:00 Bingo (ADR) 2:00 Remembering 9/11 (EC) 3:00 Social Hour (BP) 6:30 Evening Movie (T)
Happy Birthday George McCarter! 12 10:00 Coastal Bible (ADR) 1:00 St. Michael's Mass 2:00 Sunday Sundaes (EC) 3:00 Bible Trivia (EC) 6:30 Evening Movie (T) 	National Chocolate Day! 13 9:30 Muscle Monday (EC) 10:00 History of Hershey Park (EC) 1:30 Autumn Trivia (EC) 2:00 Rockette Dancers (ADR) 3:00 Bingo (ADR) 6:30 Evening Movie(T)	14 9:30 Chair Aerobics (BP) 10:00 Bible Study with Mark McCoy (EC) 2:00 Paint and Sip Family Tree (EC) 3:00 First Baptist Service (ADR) 6:30 Evening Movie (T)	15 9:30 Workout Wednesday (EC) 10:00 Tasty Treat Bowls EC 11:00 Romeos Lunch (Men Only) (FL) 1:30 Townhall Meeting (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	National Guacamole Day! 16 9:30 Sit and be Fit (EC) 10:00 Women's Group (LCL) 1:30 Bridge w/ Tom (LCL) 2:00 Rummikub (LCL) 3:00 Thirsty Thursday (ADR) 6:30 Evening Movie (T)	Happy Birthday Evelyn Lightcap! 17 9:00 Walmart (FL) 10:00 Bible Study with Gunnar (EC) 2:00 Assisted Living Party (ADR) 3:00 Bingo (ADR) 6:30 Evening Movie(T)	Cheeseburger Day! 18 10:00 Bingo (ADR) 2:00 Movie Matinee (T) 3:00 DIY Craft Corner (EC) 6:30 Evening Movie (T) 
19 10:30 Sunday Stroll (FL) 1:00 St. Michaels Mass 2:00 Christ Church (ADR) 3:00 Rummikub (LCL) 6:30 Evening Movie (T)	Happy Birthday Lucy Henderson Tillie Payne & Joe Urso! 20 9:30 Muscle Monday (LCL) 10:00 Volleyball (EC) 2:00 Trivia Plate Game (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	21 9:30 Chair Aerobics (EC) 10:00 Armchair Travel (EC) 2:00 Funny Money Store (ADR) 3:00 Instruments and Singing with Mike Smith (ADR) 6:30 Evening Movie (T)	22 9:30 Workout Wednesday (EC) 10:00 Coastal Bible (EC) 2:00 Food for Thought with Charlie (ADR) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	Happy Birthday Miriam Hovis! 23 9:30 Sit and be Fit (BP) 10:00 Scavenger Hunt (EC) 1:30 Bridge w/ Tom (LCL) 2:00 UNO Card Game (LCL) 3:00 Thirsty Thursday (ADR) 6:30 Evening Movie (T)	Happy Birthday June Chedster! 24 9:30 Tai Chi 10:00 Noodle Ball (EC) 11:00 Lunch Outing: Carrabba's (FL) 2:00 Fall Fun facts (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	Happy Birthday Barbara Teceno! 25 10:00 Bingo (ADR) 12:00 National Lobster Day! (ADR) 2:00 Lobster History (EC) 3:00 Baking Cookies (EC) 6:30 Evening Movie(T)
26 10:00 Coastal Bible (ADR) 1:00 St. Michael's Mass 2:00 Sippin Social Hour (BP) 3:00 DIY Craft Corner (EC) 6:30 Evening Movie (T)	Happy Birthday Shela Stoudt! 27 9:30 Muscle Monday (EC) 10:00 Letters for Soldiers (EC) 1:30 Therapy Dogs (EC) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	National son's Day! 28 9:30 Chair Aerobics (EC) 10:00 Optical Illusions (EC) 2:00 Beer Tasting (LCL) 3:00 Short Story Time (EC) 6:30 Evening Movie (T)	National Coffee Day! 29 9:30 Workout Wednesday (EC) 10:00 Healthy Corner (ADR) 10:30 History and Coffee Bar (EC) 2:00 Back Porch Social (BP) 3:00 Bingo (ADR) 6:30 Evening Movie (T)	30 9:30 Sit and be Fit (EC) 10:00 Family Feud (EC) 1:30 Bridge w/ Tom (LCL) 2:00 Rummikub (LCL) 3:00 Thirsty Thursday (ADR) 6:30 Evening Movie (T)		LOCATION ABBREVIATIONS ADR- Atlantic Dining Room LCL- Lowcountry Lounge EC- Excitement Center T- Theater FL- Front Lobby BT – Bus Trip BP- Back Porch