





# St. Gabriel Memory Care – September 2021

Sunday	Monday <small>Nail Salon Open 11-4pm</small>	Tuesday <small>Nail Salon Open 11-4pm</small>	Wednesday <small>High Tides Hair &amp; Nail Salon Nail Salon Open 9a-4p</small>	Thursday <small>High Tides Hair &amp; Nail Salon Nail Salon Open 9a-4p</small>	Friday <small>Nail Salon Open 11-4pm</small>	Saturday
	<b>Medical Appointment Transportation</b> <b>Tuesdays &amp; Thursdays</b> <b>8:00am-4:00pm.</b> Please contact the Concierge to schedule. <b>14-day advance notice required</b>	<b>LOCATION ABBREVIATIONS</b> <b>ADR- Atlantic Dining Room</b> <b>LCL- Lowcountry Lounge</b> <b>EC- Excitement Center</b> <b>T- Theater</b> <b>FL- Front Lobby</b> <b>BT – Bus Trip</b> <b>BP- Back Porch</b>	<b>Happy Birthday Paul Goodridge!</b> 1 9:00 Workout Wednesday 10:00 Busy Boards & Music 11:00 Lunch 1:30 The Letter P? 3:00 Short Story Time 5:30 I Love Lucy	2 9:00 Sit and Be Fit 10:00 Music Hour 11:00 Lunch 1:30 Happy Hour Social 3:00 Sit and Dance 5:30 Classic TV	3 9:00 Friday Fitness 10:00 Sing along with Sue 11:00 Lunch 1:30 Snack Time 3:00 Cornhole Challenge 5:30 Classic TV	4 9:30 Saturday Stroll 10:00 Bingo 11:00 Lunch 1:30 DIY Craft Corner 5:30 An Hour of Shirley Temple
5 10:00 Sunday Stretch 11:00 Lunch 1:00 St. Michael's Mass 2:00 Christ Church Service 5:30 Classic TV	<b>Labor Day</b> 6 9:00 Muscle Monday 10:00 Hand Bell Music 11:00 Lunch 1:30 Games and Prizes 3:00 The Plate Game 5:30 Classic TV	7 9:00 Noodle Ball 10:00 What about Fall? 11:00 Lunch 1:30 Apple Cider on Back Porch 3:00 Music with Joshua 5:30 Andy Griffith Hour	8 9:00 Workout Wednesday 10:00 Coastal Bible 11:00 Lunch 1:30 Mystery Trip 3:00 Scavenger Hunt 5:30 Classic TV	<b>National School Picture Day</b> 9 9:00 Chair Aerobics 10:00 Instrument Hour 11:00 Lunch 1:30 Happy Hour 3:00 Senior Year Reminiscing 5:30 Bonanza	10 <b>Happy Birthday Missy Patterson!</b> 9:00 Friday Fitness 10:00 Fun Facts 11:00 Lunch 1:30 Back Porch Social 3:00 Sing a long 5:30 Classic TV	11 9:30 Saturday Stroll 10:00 Bingo 11:00 Lunch 2:00 Remembering 9/11 3:00 Social Hour 5:30 Classic TV
<b>Happy Birthday George McCarter!</b> 12 10:00 Coastal Bible 11:00 Lunch 1:00 St. Michael's Mass 2:00 Sunday Sundaes 5:30 Frontier Doctor	<b>National Chocolate Day!</b> 13 9:00 Muscle Monday 10:00 History of Hershey Park 11:00 Lunch 2:00 Rockette Dancers 3:00 Silly Socks 5:30 Trouble with Father	14 9:00 Chair Aerobics 10:00 Bible Study w/ Mark McCoy 11:00 Lunch 1:30 Snacks on the Porch 3:00 First Baptist Church 5:30 Classic TV	15 9:00 Workout Wednesday 10:00 Busy Boards & Music 11:00 Lunch 1:30 Cornhole Challenge 3:00 Short Story Time 5:30 The Dick Van Dyke Show	<b>National Guacamole Day!</b> 16 9:00 Exercise Energize 10:00 Tasty Treat Bowls 11:00 Lunch 2:00 Music with Leah 3:00 Matching Card Games 5:30 Classic TV	17 <b>Happy Birthday Evelyn Lightcap!</b> 9:00 Friday Fitness 10:00 Bible Study with Gunnar 11:00 Lunch 2:00 Music with Chuck Gee 5:30 Beverly Hillbillies	<b>Cheeseburger Day</b> 18 9:30 Saturday Stroll 10:00 Bingo 11:00 Lunch 1:30 DIY Craft Corner 3:00 Book Club 5:30 Classic TV 
19 10:00 Sunday Stroll 11:00 Lunch 1:00 St Michaels Mass 2:00 Christ Church Service 5:30 Classic TV 	<b>Happy Birthday Lucy Henderson, Tille Payne, &amp; Joe Urso!</b> 20 9:00 Muscle Monday 10:00 Noodle Ball 11:00 Lunch 1:30 Instrument Hour 3:00 What do we take to the Mountains? 5:30 Petticoat Junction	21 9:00 Chair Aerobics 10:00 Armchair Travel 11:00 Lunch 1:30 I SPY 3:00 Instruments and Singing with Mike Smith 5:30 Classic TV	22 9:00 Workout Wednesday 10:00 Coastal Bible 11:00 Lunch 1:30 Fun Float Social 3:00 Instrument Hour 5:30 Classic TV 	<b>Happy Birthday Miriam Hovis!</b> 23 9:00 Exercise & Energize 10:00 DIY Craft Corner 11:00 Lunch 1:30 Happy Hour Social 3:00 Sing a long 5:30 Dragnet	24 <b>Happy Birthday June Chedster!</b> 9:00 Friday Fitness 10:00 Ladder Toss 11:00 Lunch 1:30 Milk and Oreos 3:00 Matching Games 5:30 The Roy Rogers Show	25 <b>Happy Birthday Barbara Teceno!</b> 9:30 Saturday Stroll 10:00 Scent Saturday 11:00 Lobster Day 1:30 Baking Cookies 3:00 Lobster Art 5:30 I Love Lucy
26 10:00 Coastal Bible 11:00 Lunch 1:00 St. Michael's Mass 2:00 Sippin Social Hour 5:30 Ozzie and Harriet	<b>Happy Birthday Shela Stoudt!</b> 27 9:00 Muscle Monday 10:00 Roll the Dice! 11:00 Lunch 1:30 Pumpkin Pie in a Cup 3:00 Sit and Dance 5:30 Classic TV	<b>National Son's Day!</b> 28 9:00 Chair Areobics 10:00 Hand Bell Music 11:00 Lunch 1:30 Snack Time 3:00 Noodle Ball 5:30 Life with Elizabeth	<b>National Coffee Day!</b> 29 9:00 Workout Wednesday 10:00 Picture Perfect Memory 11:00 Lunch 1:30 Back Porch Social 3:00 Sing Along 5:30 I Love Lucy	30 9:00 Exercise & Energize 10:00 DIY Family Tree 11:00 Lunch 1:30 Happy Hour 3:00 Color Matching Game 5:30 Classic TV	High Tides Salon <b>For appointments please call</b>  <b>Hairdresser:</b> Jessica Savitski 843-385-2979 <b>Manicures and Pedicures:</b> Michael and Linda 609-442-9613	